



# The Longfield Legends

LongfieldAcademy

10th March 2025 - 21st March 2025

Issue No. 17

## Psychology Lab Crawl

On 12 March, Year 12 psychology students visited Canterbury Christ Church University for a 'Psychology Lab Crawl'. They took part in several active research studies including being hooked up to brain scans, VR experiences and conducted covert observations on unwitting subjects. Students were highly commended for their outstanding enthusiasm and engagement by several professors and PhD students throughout the day.



## Visit from Pakistan

Longfield Academy was delighted to welcome visitors from Lahore Grammar School in Pakistan last week. Our visitors had come to explore the successful implementation of Digital Strategy at the academy. Our visitors were so impressed with the seamless integration of technology into everyday teaching, and commented upon the "enthusiasm of our students for their learning". Commenting on the visit, the guests reported they were "extremely impressed with the arrangements and the experience. This was a truly memorable and impactful event."



## MFL Cooking Club

Our MFL Cooking Club met again this module, and celebrated "La Chandeleur", an almost equivalent date of Pancake Day. Students created tasty crepes - yummy!



## Voice In A Million

On Wednesday 19 March, a selection of students were taken to Wembley Arena as part of the musical celebration "Voice in a Million". Voice In A Million is a one-of-a-kind event that celebrates the power of music and raises awareness for children in need of adoption and fostering.

Our students took part in the banner parade where Longfield Academy was announced, and sang confidently on stage. We are so proud of the incredible talent and performance of our students.



## Aspiration Digital

Aspiration Digital is a one-day digital skills conference designed to educate students on the different roles in digital and various career paths. We were delighted to be able to take a selection of students from our Sixth Form to enjoy this exciting experience.



## Navigating the Emotional Landscape: Support for Your Child's Wellbeing

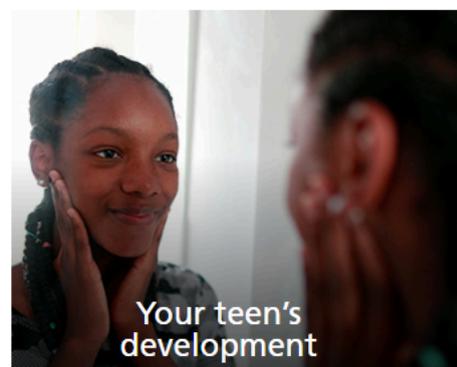
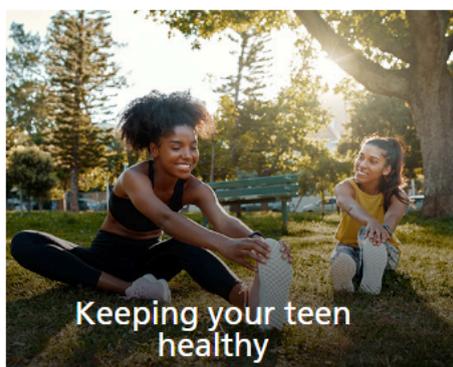
Childhood and adolescence are periods of immense growth, but also significant challenges. From the pressures of academic performance and social dynamics to the internal struggles with self-esteem and identity, our children navigate a complex emotional landscape. We recognise that issues like persistent low mood, overwhelming anxiety, exam-related stress, and, in some cases, self-harm, can significantly impact their wellbeing.

As parents and caregivers, your role is crucial in providing a supportive and understanding environment. To supplement your efforts, we encourage you to explore the resources available through the **Kent School Health service**. This service is provided by NHS Kent Community Health.

Their website, <https://family.kentcht.nhs.uk/teen> offers valuable insights and practical strategies for addressing these challenges.



Remember, early intervention is key. If you observe changes in your child's behavior, mood, or academic performance, or if they express feelings of distress, please don't hesitate to reach out. Examples of some of the support available through this service includes:



In addition to the Kent School Health service, your child's college is a vital partner in supporting their wellbeing.

Contact them directly to discuss any concerns, explore available support services, or to facilitate communication if your child is already engaged with external agencies.

By working together, we can empower our children to build resilience, develop healthy coping mechanisms, and thrive emotionally. We're here to support you and your child every step of the way.

**Ms J Liasu**

Designated Safeguarding Lead (DSL)

## Upcoming events

- ~~26/2 to 12/3~~ – Year 11 and 13 PPEs
- ~~27/2/25~~ – Year 12 Parent/Carers' Consultation Evening (online)
- ~~5/3/25~~ – Year 9 Option Choices Showcase event (4-5pm; in school)
- ~~10/3/25~~ – Deadline for year 9 options
- ~~17/3 to 21/3~~ – Longfield Science Week
- 28/3/25 - Scholastic Book Fair

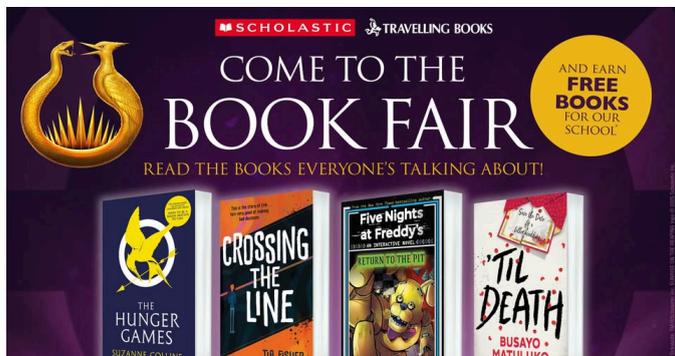
View the [academy term dates](#) on our website

## Academy Notices

The Scholastic Book Fair is coming back to Longfield Academy on Friday 28th March, for a whole week! Check out the possible books that will be available:

<https://bookfairs.scholastic.co.uk/bookcases/tt>

*Further details to follow from Mrs Cripps.*



## Important Contacts

### General Enquiries

[info@longfieldacademy.org](mailto:info@longfieldacademy.org)

### Safeguarding Team

[safeguarding@longfieldacademy.org](mailto:safeguarding@longfieldacademy.org)

### Attendance

[attendance@longfieldacademy.org](mailto:attendance@longfieldacademy.org)

### Other Contacts

<https://longfieldacademy.org.uk/contact-us/>

## Follow our Socials

We post regular updates about events and other academy news on our social media channels. Are you following us on Facebook and Instagram?

	<a href="https://www.facebook.com/longfieldacademy">longfieldacademy</a>
	<a href="https://www.instagram.com/longfield_academy">longfield_academy</a>

## Safeguarding & Wellbeing

At Longfield Academy, the safety and wellbeing of children at school, at home and online is our priority.

You can find additional information about our safeguarding practices, and what to do if you are worried about a child, on our website.

[Click here for our safeguarding website.](#)